



COMMITTED TO EXCELLENCE

Good Fun – Fast Swimming – Good Citizens – Great Family Activity

ANNUAL FATHERS DAY INVITATIONAL MEET June 25-27, 2010

Host: The Desert Sharks Swim Club

Sanction: Held under the sanction of USA Swimming, Inc., Sanction #BD 10-05

Location: Ysleta Del Sur Pueblo Wellness Center
11200 Santos Sanchez
El Paso, Texas 79927
Phone (915) 858-8639

Facilities: The Ysleta del Sur Wellness and Recreation Center is a state of the art facility (8 lane 50Mx25Y pool). *7 lanes will be used for competition and 1 lane will be open for continuous warm up and warm down in which standard warm up/warm down procedures will apply.* Colorado 6000 electronic timing and HY-Tek Meet Management 2 will be used. Sloped starting blocks and turn flags are in place. Separate dressing rooms, showers and lavatories for men and women, with limited seating on deck of the pool with a mezzanine for clear view of the entire pool. Concessions with food and drink will be available with full meals for sale by Tigua Indian owned and operated restaurants. The competition course has been certified in accordance with 104.2.2C(4). A copy of the certification is on file with USA Swimming. The minimum water depth, measured in accordance with Article 103.2.3, is 12 feet, 6 inches at the start end and 3 feet, 6 inches at the turn end.

Directions: Directions to the pool using I-10:
Take I-10 East to the Americas Ave Exit (Loop 375). Exit I-10 and enter Loop 375 going south. Exit at Socorro Rd. Turn left onto Socorro Rd. Proceed approximately 4 miles and turn right toward the Running Bear Convenience Store. The Wellness Center entrance is past the store on the left. Please obey all posted speed limits.

Directions to the pool using the Border Highway:
Take the Border Highway east. Eventually it becomes Americas Ave (Loop 375 North). Exit Loop 375 North at Socorro Rd. Turn right onto Socorro Rd. Proceed approximately 4 miles and turn right toward the Running Bear Convenience Store. The Wellness Center entrance is past the store on the left. Please obey all posted speed limits.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Border Swimming, Inc., The Tigua Indian Tribe of the Ysleta del Sur Pueblo, Desert Sharks Swim Club, and any sponsors shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event in accordance with USA Swimming, Inc., Rules and Regulations.

Meet Director: Rose Brown, (915) 479-7512, email: elpasotresamigos@sbcglobal.net

Meet Referee: Joe Brown
(915) 479-7513 email: elpasotresamigos@sbcglobal.net
**USA registered officials and trainees are cordially invited to participate during this meet.
Please contact the Meet Referee for times and schedules.**

Safety Marshall:
Joe Gomez

Rules: Unless otherwise noted herein, this meet shall be conducted in accordance with the 2010 USA Swimming Rules and Regulations. The USA whistle start and no recall procedure will be used throughout the meet. **Coaches and officials will be required to display their 2010 registration cards.**

Meet Eligibility/Proof Of Registration:

This meet is open to all currently registered USA/FINA/Federacion Mexicana de Natacion swimmers. The attached membership certification affidavit must be submitted with each team's entries. All FINA/Federacion Mexicana de Natacion entries must include a birth date for each swimmer. Swimmers not able to demonstrate current registration will not be allowed to compete. The swimmer's age as of June 25, 2010, will be used to determine the age group for competition.

Events: Swimmers will be restricted to 2 individual events and 1 relay on Friday and 4 individual events and 1 scored relay per day Saturday and Sunday. Events 1-9 and 47-48 will be swum fastest to slowest and scored by age group. In addition, events 7-8 and 47-48 will be swum alternating heats of girls and boys fastest to slowest. Event 9 (10 & under 800 Free) will be mixed girls/boys with no qualifying time and may be restricted, due to time constraints to the first 21 entries. Swimmers may enter using yards times, but will be seeded last. Events that are 400 and longer require USA BB time standards. Use actual 500 free time for the 400 Free, 1000 free time for the 800 Free, and 1650 free time for 1500 Free.

Entry Deadline:

ENTRIES ARE DUE SUNDAY, JUNE 13, 2010 by 6:00 pm. Late entries will be accepted on a space available basis at the meet on deck. A confirmation email will be sent after entries are received.

Entry Chair: Brad Quindt, (469) 338-8836, email: bquindt@elp.rr.com
3610 Colville, Horizon City, Texas 79928

Entry Fees:

Individual Events	\$3.50 per event
Relays	\$5.00 per event
Surcharge	\$3.00 per swimmer

Non electronic entry fee (for teams with more than 5 swimmers) \$30.00

There is no fee for exhibition relays (Event 67)

All checks should be made payable to DSSC.

All entry fee balances are due before the meet is over, unless prior arrangements have been made!

NO REFUNDS for scratches, no shows, or ineligible swimmers.

Event Seeding:

This is a PRE-SEEDED, timed final, long course, age group meet. All relays will be deck entered and seeded. Positive check in is required for events 400 and longer, 30 minutes prior to the start of the session.

Proof of Time:

Proof of times must be submitted with the entries and times will be checked using the USA Swimming SWIMS database.

Late Entries: DECK ENTRIES WILL BE ACCEPTED ON A LANE AVAILABILITY BASIS UNTIL 30 MINUTES BEFORE THE START OF EACH SESSION. EXTRA HEATS WILL NOT BE CREATED. Late entries will be \$7.00 per event. All swimmers who deck enter will be required to show proof of current USS/FINA/Federacion Mexicana de Natacion registration. There will be no on-deck USA Registration.

Age Groups:

The age groups for this meet will be 8 & Under, 9-10, 11-12, 13-14, 15-16, and 17 & Over.

Scoring: Relays score only team points, and will not be included in Individual High Point totals.

Awards: Team Trophies 1st, 2nd, 3rd

Individual Events 1st through 8th
 Relay Events 1st through 3rd
 High Points* 1st -3rd in each age group

	1st	2nd	3rd	4th	5th	6th	7th	8th
Individual	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

*Ties for high point will be broken using the Hy-Tek Age Group Point System for 16 and under and FINA point system for 17 and over.

Warm-ups:

Border mandatory warm up procedures will be enforced. A USA-Swimming/FINA registered coach for each swim team must be present to conduct their team's warm-up sessions. Warm up lane assignments will be posted at the pool behind the starting blocks. In addition, lane assignments are included in the coach's packet.

1. General warm up (initial period)
 - a. All lanes to be used for general warm-up. Circle swimming only.
 - b. Swimmers must enter the pool feet first. NO DIVING or JUMPING allowed from the blocks or the edge of the pool.
 - c. No sprinting or pace work allowed during general warm up session.
 2. Coach Responsibilities
 - a. Coaches shall instruct their swimmers regarding these safety guidelines and warm up procedures as they apply to conduct at meets and practices.
 - b. Coaches shall supervise and be responsible for the conduct of their swimmers throughout the meet, including the warm-up session.
- All meet warm ups shall be scheduled for two 30 minute sessions. Teams shall be assigned a warm up session and notified of such session by the meet director. When the number of swimmers does not warrant splitting the sessions, one warm up session may be held.
 - The first twenty (20) minutes of each session shall be designated as a GENERAL WARM UP SESSION. There shall be FEET FIRST ENTRIES ONLY AND AT ALL TIMES during the general warm up session. Lanes may be used for pace, circle, or return swim only. Swimmers shall not mount the starting blocks at any time. The pace shall be carefully controlled by the coaches. Loitering and visiting in the lanes is not allowed.
 - During the last TEN (10) minutes of each warm up session sprint lanes shall be open as follows: the lane you have been assigned for warm-up will be your sprint & return lane. Before using sprint lanes, they must be cleared of all swimmers. There will be NO DIVING at any time. RACING STARTS ONLY will be allowed at the start end, but the swimmers swim back in return lanes.
 - There shall be NO DIVING (only racing starts) at any time during the meet. Swimmers in backstroke events or the backstroke leg of the medley relay, MUST ENTER THE WATER FEET FIRST.
 - Warm up and warm down lanes will operate under the same rules and regulations as general warm up lanes, with the exception that a maximum of 10 swimmers will be allowed in the warm-up/down lane at any one time. Diving and racing starts (backstroke included) are NOT permitted in the warm up/warm down lane.

Timers and Lap Counters:

Swimmers competing in the 800 free and 1500 free must provide their own lap counters. In addition swimmers in the 1500 free must provide their own timers.

Meetings:

There will be an officials meeting 30 minutes prior to the start of each session and a coaches meeting 15 minutes prior to the start of each session.

2010 Father's Day Invitational Events

Session I - Friday, June 25, 2010

Warm-ups: 4:00 PM Meet Starts 5:15 PM

Girls	Age Group	Event	Boys
1	9 & Over	400 Free	2
3	11 & Over	400 IM	4
5	12 & Under	200 Free	6
7	11 & Over	800 Free	8
9	10 & under (mix)	800 Free	9

Events 1-9 will be swum fastest to slowest.

Events 7 & 8 will alternate heats of girls and boys

Event 9 will be mixed and limited to the first 21 entrants

Session II - Saturday, June 26, 2010

Warm-ups: 7:00 AM Meet Starts 8:15 AM

Girls	Age Group	Event	Boys
	11-12	400 Free Relay	10
11	10 & U	200 Free Relay	12
	11-12	200 Fly	13
14	10 & U	100 Fly	15
	11-12	100 Back	16
17	10 & U	100 Back	18
	11-12	50 Breast	19
20	10 & U	50 Breast	21
	11-12	100 Free	22
23	10 & U	200 IM	24
	11-12	200 Breast	25
26	10 & U	50 Free	27
	11-12	50 Fly	28
	11-12	200 IM	29

Session III- Saturday, June 26, 2010

Warm-ups: 1:00 PM Meets Starts: 2:30 PM

Girls	Age Group	Event	Boys
30	11-12	50 Fly	
31	13-14	400 Medley Relay	32
33	11-12	400 Medley Relay	
34	15 & over	400 Medley Relay	35
36	11 & over	200 Fly	
	13 & over	200 Fly	37
38	11 & over	100 Back	
	13 & over	100 Back	39
40	11 & over	200 IM	
	13 & over	200 IM	41
42	11 & over	100 Free	
	13 & over	100 Free	43
44	11 & over	200 Breast	
	13 & over	200 Breast	45
46	11-12	50 Breast	
47	11 & over	1500 Free	48

1500's will be swum fastest to slowest alternating heats of girls and boys and swimmers will provide their own timers.

Session IV - Sunday, June 27, 2010

Warm-ups: 7:00 AM Meet Starts 8:15 AM

Girls	Age Group	Event	Boys
	11-12	400 Medley Relay	49
50	10 & U	200 Medley Relay	51
	11-12	200 Back	52
	11-12	50 Free	53
54	10 & U	50 Back	55
	11-12	100 Breast	56
57	10 & U	100 Breast	58
	11-12	100 Fly	59
60	10 & U	100 Free	61
	11-12	50 Back	62
63	10 & U	50 Fly	64
65	10 & U	200 Back	66

Session V - Sunday, June 27, 2010

Warm-ups Immediately Following Session IV

	Age Group	Event
67	Open	Family - 200 Free Relay

All teams are encouraged to participate in the family relay. Teams are made up of 4 persons (mother/fathers/siblings, coaches, or friends) and compete in this traditional DSSC event. Heats will be determined based on the number of entries and everyone is welcome to enjoy this event!

Session V - Sunday, June 27, 2010

Warm-ups: 1:00 PM Meet Starts: 2:30 PM

Girls	Age	Event	Boys
68	11-12	400 Free Relay	69
70	13-14	400 Free Relay	
71	15 & over	400 Free Relay	72
73	11 & over	50 Back	
74	13 & over	200 Free	75
76	11 & over	100 Fly	
	13 & over	100 Fly	77
78	11 & over	100 Breast	
	13 & over	100 Breast	79
80	11 & over	200 Back	
	13 & over	200 Back	81
82	11 & over	50 Free	
	13 & over	50 Free	83



2010 Father's Day Invitational SWIMMER ENTRY FORM

Name: _____ D.O.B. _____ Age: _____

Address: _____ State/Zip: _____ Phone: _____

USA/FINA #: _____

MALE:

FEMALE:

<u>Event #</u>	<u>Stroke</u>					<u>Distance</u>						<u>Time</u>
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____
_____	FR	BR	BK	FL	IM	50	100	200	400	800	1500	_____

Number of Entries: _____ **X \$3.50** \$ _____

Swimmer Surcharge: _____ **X \$3.00** \$ _____

TOTAL DUE: \$ _____



2010 Father's Day Invitational TEAM ENTRY FORM

Please make checks payable to Desert Sharks Swim Club.

I, the undersigned, state with this affidavit that all athletes entered in this meet under my team are currently (Year 2009-2010) registered with USA Swimming.

(Coach or Team Registrar)

(Date)

Number of Events:	_____	X \$3.50	\$	_____
Swimmer Surcharge:	_____	X \$3.00	\$	_____
		TOTAL FEE:	\$	_____