

HIGH DESERT CLASSIC 2009

Hosted by **CHARGER AQUATICS, ALBUQUERQUE, NEW MEXICO**

Elevation 5410 feet

Held under the Sanction of USA Swimming and New Mexico Swimming
Sanction # NMS10I06

Welcome: Charger Aquatics invites you to join us for the High Desert Classic to be held December 4th – 6th, 2009.

Facility: Peter and David Barney Competition Pool on the grounds of Albuquerque Academy, 6400 Wyoming Blvd. NE, Albuquerque, NM 87109. Eight competitive lanes in a 25 yard x 25 meter pool with a minimum depth of 7 feet. Continuous warm-up/cool down available in a separate six (6) lane 25 yard pool. Colorado Timing and Scoreboard(s) will be used.

Eligibility: Swimmers must be 2009 or 2010 USA Swimming registered to compete in the High Desert Classic. Swimmers age as of December 4th, 2009 will determine their age for the meet. Deck entries will only be allowed at the discretion of the Meet Director and the Meet Referee. Entries with “Applied For” or “Pending” will not be accepted. **Any swimmer wishing to deck enter, if the meet referee allows, must have their current USA Swimming Registration card with them.** There will not be an opportunity to obtain a valid USA Swimming number or registration at the competition.

Disclaimer/Liability: USA Swimming, Inc., New Mexico Swimming Inc, Charger Aquatics, Albuquerque Academy, all meet sponsors and all meet officials shall be held free from any liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer if unattached or the offending swimmer’s club if attached to be held accountable for repairs.

Format: This is a timed final and prelims/finals meet. All events on Friday will be run as timed finals and championship format on Saturday and Sunday, with the top 8 qualifiers to swim in the championship final both evenings. The timed final session on Friday will begin at 5:30 PM, with warm-ups starting at 4:30 PM. Warm-ups for the prelim sessions on Saturday and Sunday will begin at 7:30 AM, with the prelims starting at 8:30 AM. Finals will begin Saturday night at 5:30 PM and Sunday finals begin at 4:30 PM. **All relays will be swum as timed finals during the morning prelims sessions.** All preliminary heats will be swum slowest to fastest in accordance with USA swimming preliminary seeding rules. Should additional warm up times be needed, teams will be assigned specific times and notified prior to the start of the meet.

Time Standards: This year’s meet will have a requirement of a national “B” time to enter the event. All entry times will be verified against the SWIMS database. The time standards for the 15-18 age group will be the 15-16 standards listed on the USA Swimming web site.

Check-in: Positive check-in is required for events # 5 – 6, the 400 IM, and events # 11 – 12, the 500 Free. Check-in must be completed by 5:00 PM on Friday evening.

Relays: All relay entries must be submitted with the team entries prior to the deadline of 6:00 PM on Wednesday, November 25th, 2009.

Timed final relays will be swum as follows:

Events 13 - 20, the 200 Free Relays, will be swum Saturday morning.

Events 61 - 68, the 200 Medley Relays, will be swum Sunday morning.

Operations: 2009 USA Swimming and New Mexico Swimming Rules and Regulations govern this meet. See attached order of events for the list of events and their schedule.

Coaches’ Meeting: There will be a general meeting at the Barney Natatorium at 4:00 PM on Friday, December 4th, 2009. All swimmers and teams must be represented. The scratch deadline for the day’s events will be 5:00 PM on Friday and 8:00 AM on Saturday and Sunday.

Rule 102.9 Swimwear: “All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.” No fasteners, other than draw stings, are allowed.

Entry Fees: Entry fees are \$3.00 for individual events and \$8.00 for relay events. An additional \$3.00 NMS surcharge and \$5.00 pool usage fee will be assessed for each swimmer. Make Team checks and Cashiers Checks payable to “**Charger Aquatics**”. Mailed entries without the full fee will not be accepted.

Entry Deadline: All entries, including relays, must be received by **6:00 PM Wednesday, November 25th, 2009**. Email entries must be received no later than 6:00 PM Wednesday, November 25th, 2009. Fax entries will not be accepted. **Entries will be cut off at 400 swimmers. If a team submits entries that exceed the limit of 400 swimmers, then all of that team’s entries will be accepted.**

Please send entries to: Tom Cyprus, email: cyprus@aa.edu

Or mailed to: Chargers Aquatics – Tom Cyprus
6400 Wyoming Blvd. NE
Albuquerque, NM 87109

YOU MUST INCLUDE THE NAME, EMAIL ADDRESS AND PHONE NUMBER OF THE PERSON PREPARING THE ENTRIES IN CASE CLARIFICATION IS NEEDED.

Entry Process: Teams may choose one of the following entry methods:

1. Mail Hy-Tek Commlink file on diskette accompanied by a hard copy meet entries printout by name and full payment, and signature waiver required. Individual entries for each swimmer and all team relay entries for each age group and sex must be entered on the attached entry forms if a Commlink file is not sent. A completed altitude adjustment form must accompany entries using the altitude adjustment formula (207.10.5).
2. Email the entries file as a Hy-Tek attachment to Tom Cyprus by email at cyprus@aa.edu. Attach a meet entries report by name in Word format. **If you do not have a copy of Team Manager go to the link provided to download a free copy of Team Manager Lite to submit your entries with.** <http://www.hy-tek ltd.com/downloads.html> **Coaches contact information must be included with the electronic entries.** **There should be no entries submitted by paper.** Full payment, **made by Team Check or Cashiers Check**, must be mailed by mail, signature waiver required, and postmarked by Friday, November 27th, 2009.

All seed times should be submitted in the 100ths. Times should be designated as either short course yards (Y), short course meters (S), or long course meters (L) and will be seeded in accordance with 2009 USA Swimming rules. Nonconforming times will be seeded last. Seeding will be in order of Y, L, S.

Swimmers may enter up to 8 individual events total for this meet. Swimmers are limited to compete in two (2) individual events on Friday evening and three (3) individual events on Saturday and Sunday and one relay per session. **Swimmers must have met the national “B” time standard to enter the event.**

Scratching:

Swimmers qualifying for a finals heat have 30 minutes after the announcement of the Preliminary results to either scratch or declare his/her intent to scratch from that event. All scratches must be made to the designated Administrative Referee. Having declared intent to scratch, the swimmer has 30 minutes from the completion of his/her last individual preliminary event to complete the scratch procedure with the designated Administrative Referee. Failure to complete the procedure will keep the swimmer in the finals heat. The penalty for failing to compete in a finals heat for which the swimmer has qualified but not scratched will be disqualification from his/her next individual final event. Swimmers are **not** required to scratch from preliminary or timed-final heats.

Scoring: Individual and Relay points will be scored on the following basis:

Individual Events – 1 st - 8 th	9, 7, 6, 5, 4, 3, 2, 1
Relay events – 1 st - 8 th	18, 14, 12, 10, 8, 6, 4, 2

Awards: Awards will be given as follows:

1. Individual events – ribbons, first through eighth
2. Relay events – ribbons first through eighth
3. Teams – trophies first through third
4. Individual High Point – 1 female and 1 male in each age group, 10 & Un, 11-12, 13-14, 15-18

All awards will be ready to be distributed to the swimmers or their coach daily up to one hour after the conclusion of the meet. Team awards and high point trophies will be awarded within one hour of the conclusion of the meet. Coaches, teams and athletes failing to pick up their awards within one hour after the conclusion of the meet shall

make arrangements to receive the awards with the meet director at no expense to Charger Aquatics. If the awards are not available within one hour of the conclusion of the meet, the awards will be distributed to the team at the expense of Charge Aquatics.

Programs and Heat Sheets: Programs will be available a one time charge of \$10.00. Each program will contain coupons redeemable for finals heat sheets.

Final Results: Final results will be posted on the New Mexico Swimming website. Electronic copies will be sent to the participating teams free of charge.

Hospitality and Concessions: Food concessions will be available at the meet. Officials and coaches will be provided with meals and refreshments in the hospitality area. Shirts and other souvenir items will be available for sale during the meet.

Officials and Timers: We will attempt to have this meet approved for National N2 Certification. A National Certification meeting will be held at 7:00 AM Saturday. Location of the meeting will be posted at the pool. Referees, Starters, Stroke and Turn Judges and coaches must be current members of USA Swimming and certified in their respective LSC's for at least one year for the N2 level Certification they are seeking. An officials briefing will be held 60 minutes prior to each preliminary session. We are soliciting visiting officials and are encouraging their help. Those interested should contact Robert Jones, meet referee with the recommendation of their LSC's official's chair. Please respond to the meet referee, Robert Jones by email, robjones8505@comcast.net, by the entry deadline, November 25th, 2009.

Volunteer Timers are not required of each team, but are always welcome and encouraged.

Safety Guidelines:

A minimum of three marshals shall be on deck to enforce the safety guidelines. The marshals shall report to the Meet Referee and/or the Head Marshal and receive instructions from them. The marshals, under the direction of the Meet Referee, shall have the authority to remove any swimmer or coach found to be in violation of unsportsmanlike-conduct, swimming ethics or procedures outlined in the meet information.

USA Swimming certified Coaches shall direct their swimmers regarding the safety guidelines and warm-up procedures. All swimmers must be supervised by a certified USA Swimming Coach throughout the warm-up session. Coaches must display their coach cards at all times. The Meet Referee may modify any procedures should the needs of the meet so dictate.

Warm-Up Procedures:

Friday evening warm-ups start at 4:30 PM. Morning warm-ups on Saturday and Sunday start at 7:00 AM.

There will be two 30minute sessions followed by a 20minute diving session for all athletes. Saturday evening warm-ups start at 4:30 PM and Sunday at 3:30 PM.

Warm-up and cool-down opportunities will be available throughout all sessions.

We will notify all teams via email of their assigned warm-up times for Saturday and Sunday mornings.

FRIDAY: 4:30PM

General warm-up (35 minutes):

- *No diving from the blocks or pool edge. Swimmers enter the water feet first in a cautious manner*
- *Competition pool and six lane pool open for general warm-up*
- *No sprinting or pace work permitted*
- *All lanes to be used for general warm-up*

Specific warm-up (15 minutes)

- *Push/pace – lanes 0 and 9. Push off from starting end. Circle swimming only. NO DIVING*
- *Race starts – lanes 1 - 8 Sprint lanes for race starts and backstroke starts. Race starts at designated times, swimming in one direction only.*
- *General warm-up – in the six lane pool.*

SATURDAY and SUNDAY: 7:00AM & 7:30AM

General warm-up (30 minutes):

- *No diving from the blocks or pool edge. Swimmers enter the water feet first in a cautious manner*
- *Competition pool and six lane pool open for general warm-up*
- *No sprinting or pace work permitted*
- *All lanes to be used for general warm-up*

Specific warm-up (20 minutes)

- *Push/pace – lanes 0 and 9. Push off from starting end. Circle swimming only. NO DIVING*
- *Race starts – lanes 1 - 8 Sprint lanes for race starts and backstroke starts. Race starts at designated times, swimming in one direction only.*

General warm-up – in the six lane pool

NO DIVING in the warm down pool. Please enter using safe feet first only!

Meet Directors: Wendy Baker, baker @aa.edu
Tom Cyprus, Cyprus@aa.edu

Meet Referee: Robert Jones
505-271-9586
Robjones8505@comcast.net

Officials:

All officials requesting to be observed at this meet please contact the meet referee for requested positions.

Schedule: There will be a minimum two-hour break between the end of the preliminary session and the start of the final session. The final session will start no earlier than 4:30 PM but may start later based on the end of the preliminary session.

Friday, December 4th, 2009:

4:00 to 4:20 PM.....
4:30 to 5:20 PM.....
5:30 PM.....

Coaches meeting
General Warm-up for Finalists
Timed Finals Begin for Events # 1 - 12

Saturday, December 5th, 2009:

7:00 to 8:20 AM.....
8:30 AM.....

Warm-up
Timed Finals for Events # 13 – 20
Preliminaries Heats for Events # 21 - 60

4:30 to 5:20 PM.....
5:30 PM.....

General Warm-up for Finalists
Finals Begin for Events # 21 - 60

Sunday, December 6th, 2009:

7:00 to 8:20 AM.....
8:30 AM.....

Warm-up
Timed Finals for Events # 61 - 68
Preliminaries Heats for Events # 69 - 106

3:30 to 4:20 PM.....
4:30 PM.....

General Warm-up for Finalists
Finals Begin for Events # 69 - 106

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Order of Events

Day #1		Friday Dec. 4th		
Girls Event #	Faster Than	Event Description	Faster Than	Boys Event #
1	3:42.69	10 & under 200 IM	3:40.89	2
3	3:03.79	11 – 12 200 IM	3:03.09	4
5*	(13-14) 6:10.79 (15-18) 6:01.49	13 – 18 400 IM	(13-14) 5:50.59 (15-18) 5:35.79	6*
7	3:20.19	10 & under 200 Free	3:09.89	8
9	7:10.79	11 – 12 500 Free	7:05.49	10
11*	(13-14) 6:51.79 (15-18) 6:45.29	13 – 18 500 Free	(13-14) 6:31.09 (15-18) 6:18.39	12*

* Events 5 & 6, the 400 IM and events 11 & 12, the 500 Free will be combined age groups. The event will be swum together, fastest to slowest, alternating heats of women then men, but scored separately by age group (13-14 & 15-18).

Day #2		Saturday Dec. 5th		
Girls Event #	Faster Than	Event Description	Faster Than	Boys Event #
13**		10 & under 200 Free Relay		14**
15**		11 – 12 200 Free Relay		16**
17**		13 – 14 200 Free Relay		18**
19**		15 – 18 200 Free Relay		20**
21	1:45.69	10 & under 100 Back	1:42.89	22
23	1:27.99	11 – 12 100 Back	1:25.79	24
25	2:51.79	13 – 14 200 Back	2:41.29	26
27	2:47.89	15 – 18 200 Back	2:34.39	28
29	1:57.49	10 & under 100 Fly	1:55.19	30
31	1:27.19	11 – 12 100 Fly	1:25.79	32
33	1:19.09	13 – 14 100 Fly	1:13.29	34
35	1:17.39	15 – 18 100 Fly	1:10.09	36
37	1:44.99	10 & under 100 IM	1:41.29	38
39	1:26.29	11 – 12 100 IM	1:23.69	40
41	2:55.49	13 – 14 200 IM	2:43.69	42
43	2:51.49	15 – 18 200 IM	2:37.69	44
45	53.59	10 & under 50 Breast	53.59	46
47	44.09	11 – 12 50 Breast	44.29	48
49	1:30.59	13 – 14 100 Breast	1:24.09	50
51	1:28.29	15 – 18 100 Breast	1:20.39	52
53	1:31.29	10 & under 100 Free	1:29.19	54
55	1:13.59	11 – 12 100 Free	1:13.09	56
57	1:12.49	13 – 14 100 Free	1:06.99	58
59	1:10.89	15 – 18 100 Free	1:04.39	60

** Events 13-20, the 200 Free Relays, will be swum as timed finals during the prelims session.

Day #3		Sunday Dec. 6th		
Girls Event #	Faster Than	Event Description	Faster Than	Boys Event #
61***		10 & under 200 Medley Relay		62***
63***		11 – 12 200 Medley Relay		64***
65***		13 – 14 200 Medley Relay		66***
67***		15 – 18 200 Medley Relay		68***
69	2:43.19	11 – 12 200 Free	2:38.89	70
71	2:36.09	13 – 14 200 Free	2:26.09	72
73	2:32.09	15 – 18 200 Free	2:20.09	74
75	1:59.99	10 & under 100 Breast	1:55.69	76
77	1:36.39	11 – 12 100 Breast	1:35.09	78
79	3:14.59	13 – 14 200 Breast	3:02.39	80
81	3:09.99	15 – 18 200 Breast	2:55.09	82
83	48.79	10 & under 50 Back	49.19	84
85	39.59	11 – 12 50 Back	39.49	86
87	1:19.89	13 – 14 100 Back	1:14.89	88
89	1:17.69	15 – 18 100 Back	1:11.29	90
91	48.79	10 & under 50 Fly	47.29	92
93	37.79	11 – 12 50 Fly	38.19	94
95	2:53.39	13 – 14 200 Fly	2:43.69	96
97	2:48.59	15 – 18 200 Fly	2:35.59	98
99	39.79	10 & under 50 Free	38.89	100
101	34.29	11 – 12 50 Free	33.39	102
103	33.39	13 – 14 50 Free	30.69	104
105	32.69	15 – 18 50 Free	29.49	106

*** Events 61-68, the 200 Medley Relays, will be swum as timed finals during the prelims session.

**Charger Aquatics
HIGH DESERT CLASSIC
December 4th – 6th, 2009**

SWIMMER'S NAME _____

USA SWIMMING # _____

TEAM _____ **SEX** _____ **AGE** _____

<u>EVENT #</u>	<u>DISTANCE</u>	<u>STROKE</u>	<u>ENTRY TIME</u>
_____	50 100 200 400 500	FR BK BR FL IM	_____
_____	50 100 200 400 500	FR BK BR FL IM	_____
_____	50 100 200 400 500	FR BK BR FL IM	_____
_____	50 100 200 400 500	FR BK BR FL IM	_____
_____	50 100 200 400 500	FR BK BR FL IM	_____
_____	50 100 200 400 500	FR BK BR FL IM	_____
_____	50 100 200 400 500	FR BK BR FL IM	_____
_____	50 100 200 400 500	FR BK BR FL IM	_____

Swimmers may enter up to 8 individual events, max 3 per day.

TOTAL NUMBER OF EVENTS _____ **X \$2.50 =** _____

NMS SURCHARGE and Pool Fee **\$8.00**

TOTAL FEES: _____