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LCAT

**LAS CRUCES AQUATIC TEAM
SUNTAN CLASSIC
ABC Age-Group/Senior Long Course Meet
May 1-3, 2009**

- SPONSOR:** Las Cruces Aquatic Club
- LOCATION:** New Mexico State University Outdoor Natatorium
636 Stewart Street, Las Cruces NM 88003
(575) 646-3518
- SANCTION:** Held under the sanction of USA Swimming, Inc. and
New Mexico Swimming, Inc. Sanction #NMS09I15
New Mexico Masters LMSC Sanction #492-004
- DISCLAIMER:** USA Swimming, Inc., New Mexico Swimming, Inc., The
Las Cruces Aquatic Club (and its Board of Directors), The City of
Las Cruces, LCAT, NMSU and all meet officials shall be held free from
liabilities or claims for damages arising by reason of injuries to
anyone during the conduct of this meet. This is not a function of
New Mexico State University.
- FACILITY:** New Mexico State University Natatorium
Ten- lane, state-of-the-art outdoor facility, 3900 ft. altitude, 50m X 25y
pool, and contiguous dressing rooms. Colorado Timing System with ten-
lane display is used. One lane will be available for warm-up/warm-down
purposes in the indoor 25 yard pool throughout the meet. Safety Marshals
shall be on deck at all times.
- VENUE:** Venue will be NMSU Outdoor Natatorium and will be limited to the
outdoor facility. There are separate male and female locker rooms with
rest room facilities. The venue is handicap accessible.
Parking will be available in the large lot just west of the facility.

SWIMWEAR: New Mexico Swimming adopted the following ruling effective 10/11/08 which passed the USA Swimming House of Delegates on Sept. 27, 2008.

102.9 SWIMWEAR

.1 Design

- A. Swimsuits worn for all 12 & under age group defined competition shall not cover the neck, extend past the shoulder, nor past the knee.
- B. Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate.
- C. The referee shall have the authority to bar offenders from competition until they comply with the rule.

DIRECTIONS: From I-25, exit west onto University Avenue, turn south onto Payne Street. Take Payne to Stewart Street and turn west onto Stewart. Go downhill just past Locust Street, and the Natatorium will be on your left.

MEET DIRECTOR:	Marion Salopek 1985 Salopek Road Las Cruces, NM 88005 (575) 526-1181	MEET REFEREE:	Pete Dunavant 691 Moondale Dr. El Paso, TX 79912 (915)584-5351
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**MEET
ELIGIBILITY/
PROOF OF
REGISTRATION:** Competitors must be 2009 USA Swimming or USMS registered. Swimmers are restricted to five (5) individual events and one (1) relay per day. Swimmers may swim and score in only one age group per event. The swimmer's age as of May 1, 2009 shall be used to determine the age group for competition. **USA SWIMMING MEMBERSHIP CERTIFICATION AFFIDAVIT MUST BE SIGNED AND RETURNED ALONG WITH ENTRIES.** Coaches will be asked to display current USA Swimming registration cards. This meet is open to all currently registered swimmers. Any swimmer not able to prove current registration will not be allowed to compete. Falsification of eligibility could result in fines up to \$200.00 (two hundred US dollars). Under no circumstances will teams be allowed to merge at this event.

ENTRIES: Please submit all entries on the entry forms attached. One form is required for each participating swimmer. If HY-TEK disc is used, please include a hard copy of entries. **IF HY-TEK DISC IS NOT USED (ONLY HAND-WRITTEN ENTRIES ARE PROVIDED), THERE WILL BE A \$30.00 SURCHARGE PER TEAM TO COVER ADMINISTRATIVE COSTS. THIS ONLY APPLIES TO TEAMS WITH TEN SWIMMERS OR MORE.**

ENTRY FEES:

Individual Events:	\$3.75
Relays:	\$6.00
NMS Surcharge and Pool Fee:	\$7.50
Surcharge for Non-HY-TEK:	\$30.00

****All entry fees must be paid for prior to the start of the competition. Failure to pay in full will result in coaches not receiving packets and swimmers not being allowed to swim.****

DECK ENTRIES: \$10.00 per individual event. Deck entries will be accepted only where lanes are available. New heats will not be created for deck entries. Deck entries must be completed 30 minutes prior to the start of each session. 2009 USA Swimming registration card or FINA registration must be shown at the time of deck entry.

NO ON DECK REGISTRATIONS WILL BE ACCEPTED. DECK ENTRIES MUST BE PAID FOR AT TIME OF ENTRY WITH EXACT CHANGE. ALL ENTRY FEES ARE NON-REFUNDABLE.

ENTRY DEADLINE: E-mail entries must be received by April 24, 2009. Entry forms or HY-TEK disc with printed hard copy, entry fees, and membership affidavit must be postmarked by April 22, 2009.

Make team checks payable to LCAC.

MAIL ENTRIES: **Diana Salopek**
2261 Evening Star Ave.
Las Cruces, NM 88011
Email: dlsalopek@yahoo.com
Phone: 575-644-6398

E-MAIL ENTRIES: Please send entries with a “return receipt” request, or follow-up with a phone call to assure that your entries were received.

SCORING: 6 & Under and 8 & Under age groups will only score in 50 and 100 Meter Events. Consolidated events will be broken out and scored with age groups. (Example: an 11-year-old swimming the 1500 will score in the event as an 11-12.) Masters swimmers will not earn points. Awards will be given as follows:

Individual events	1st – 8th
Relays	1st – 3rd
Individual High Point	1st – 3rd
Team	1st – 3rd

POSITIVE CHECK-IN: Events 400 Meters and longer will have a required positive check-in.

RULES/ WARM-UP: 2009 USA Swimming and NMS rules will govern this meet. NMS mandatory warm-up procedures will be in effect for all warm-up sessions. All swimmers must be supervised by a coaching member of USA Swimming during all warm-up sessions.

RESTRICTIONS: The City of Las Cruces and NMSU Natatorium prohibits smoking or use of other tobacco products on the pool deck, in the changing rooms, in spectator seating, and in all areas used by swimmers during the course of this meet. No glass containers will be allowed anywhere inside the NMSU Natatorium.

CONCESSIONS: Concessions will be available throughout the meet.

***Inviting Foreign Athletes/Teams**

While Local Swimming Committees and USA Swimming clubs are free to set up competitions with FINA Federation members, the formal invitation must be issued by USA Swimming. LSCs and USA Swimming clubs are not empowered to extend a formal invitation. This is to ensure compliance with FINA GR 3.1 and GR 3.2: GR 3.1 A competitor competing at a meet in a foreign country shall be a member of an affiliated Member or of a club affiliated thereto. This section shall apply equally to judges, officials, trainers, and coaches. GR 3.2 All competitions must have received sanction by the Member where the competition takes place, and all competitors or clubs must have permission from their respective Member.

2009 Las Cruces Aquatic Team
 Suntan Classic
 NMSU Outdoor Natatorium
 ABC Age Group/Senior Meet

Session I Friday, May 1, 2009
Warm-up: 4:30 p.m. Start: 5:30 p.m.

GIRLS	EVENT	BOYS
1	11 & Over 400m IM	2
*3	11 & Over 1500m Free	*4

**(Events 3 & 4 times can be counted as 800m Free, but timers must be notified; and the 1500 must be finished in a legal manner.) SWIMMERS IN THE 1500 FREE MUST PROVIDE THEIR OWN TIMERS.*

Session II Saturday, May 1, 2009
Warm-up: 8:00 a.m. Start: 9:15 a.m.

GIRLS	EVENT	BOYS
5	12 & Under 50m Free	6
7	12 & Under 100 Back	8
9	12 & Under 200m IM	10
11	12 & Under 50m Fly	12
13	12 & Under 100m Breast	14
15	8 & Under 200m Medley Relay	16
17	10 & Under 200m Medley Relay	18
19	11-12 200m Medley Relay	20
	10 Minute Break	
21	11-12 400m Free	22

Session III Saturday, May 2, 2009
Warm-up: 1:00 p.m. Start: 2:15 p.m.

GIRLS	EVENT	BOYS
23	13 & Over 50m Free	24
25	13 & Over 100m Back	26
27	13 & Over 200m IM	28
29	13 & Over 100m Fly	30
31	13 & Over 200m Breast	32
33	13-14 400m Medley Relay	34
35	Senior 400m Medley Relay	36
	10 Minute Break	
37	13 & Over 400m Free	38

Session IV Sunday, May 3, 2009

Warm-up: 8:00 a.m.

Start: 9:15 a.m.

GIRLS	EVENT	BOYS
39	12 & Under 100m Free	40
41	12 & Under 50m Back	42
43	12 & Under 100 Fly	44
45	12 & Under 50m Breast	46
47	12 & Under 200m Free	48
49	8 & Under 200m Free Relay	50
51	10 & Under 200m Free Relay	52
53	11-12 200 Free Relay	54

Session V Sunday, May 3, 2009

Warm-up: 1:00 p.m.

Start: 2:15 p.m.

GIRLS	EVENT	BOYS
55	13 & Over 100m Free	56
57	13 & Over 200m Back	58
59	13 & Over 100m Breast	60
61	13 & Over 200m Fly	62
63	13 & Over 200m Free	64
65	13-14 400m Free Relay	66
67	Senior 400m Free Relay	68

**2009 Las Cruces Aquatic Team Suntan Classic
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INDIVIDUAL ENTRY FORM

SWIMMER'S NAME: _____

TEAM: _____

USA# _____ **SEX:** _____ **AGE:** _____

EVENT#	CIRCLE DISTANCE	CIRCLE STROKE	ENTRY TIME
_____	800/1500	FREE	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____
_____	50 100 200 400 800	FREE BK BR FLY IM	_____

TOTAL NUMBER OF EVENTS _____ **x 3.75 =** _____

NMS SURCHARGE	\$ 3.00
POOL USAGE FEE	\$ 4.50

TOTAL FEES _____

TEAM ENTRY FORM

TOTAL NUMBER OF ENTRIES _____ **X \$3.75 =** _____

TOTAL NUMBER OF SWIMMERS _____ **X \$7.50 =** _____

TOTAL _____

***MAKE CHECKS PAYABLE TO LCAC**

MEMBERSHIP CERTIFICATION AFFIDAVIT

I, _____, the team entries chairperson for _____, certify that all swimmers and coaches listed on the attached INDIVIDUAL ENTRY FORMS OR HY-TEK DISK are currently registered members of USA Swimming or FINA.

I agree that if any of the swimmers or coaches are NOT properly registered with USA or FINA that our team, _____, will pay \$100 fine per event for each improperly registered swimmer or coach.

Date

Coach or Team Entries Chairperson